

NEWSLETTER

November-2023



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COMPLEX**



**HAMEED LATIF
TEACHING HOSPITAL**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**

Rashid Latif Medical College (RLMC)

Qualitative Research (1st November 2023)

A cornerstone of knowledge, took center stage on Wednesday, November 1st. Dr. Sadia Yaseen and Dr. Fatima Sikandar orchestrated a remarkable workshop on this vital theme.

The workshop was held in collaboration with the University of Lahore as a part of International Conference of Health Professions Education.

The feedback from our enthusiastic participants was overwhelming, and we extend our heartfelt gratitude to Principal Prof. Tahir Masood, Vice Principal Professor Mudassar Ali Khan, and CEO Ms. Sabahat Khan for their invaluable support in organizing this event.

It's moments like these that remind us of the power of collaboration and dedication in the pursuit of knowledge. Here's to many more inspiring endeavors ahead!



Rashid Latif College of Pharmacy (RLCP)

Drug Interaction Seminar (3rd November 2023)

A highly informative seminar on the critical subject of "Drug-Drug Interactions in Patients with Respiratory Diseases" took place at the RLCP, under the supervision of Principal Prof. Dr. Humayun Riaz (RLCP) specifically tailored for the medical professionals of Arif Memorial Hospital. The event drew the attendance of doctors, nurses, and pharmacists, all keen on expanding their knowledge in this crucial area of healthcare. Assistant Professor Dr. Abduraheem and Dr. Mohammad Affan, both esteemed experts in the field, delivered insightful presentations. The seminar provided a comprehensive understanding of how medications can interact, potentially influencing treatment outcomes and patient well-being. The engagement of participants in discussions and the exchange of ideas underscored the commitment of Arif Memorial Hospital's healthcare professionals.



Rashid Latif Department of Professional Psychology (RLDPP)

10 Days Foundation Workshop on Perseverance (8th November 2023)

A Series of 10-Day Foundational Sessions named "CHAMPIONS" were organized to cultivate the first cohort & core values of RLKU CHAMPIONS. and for RLDPP, the core value was "Perseverance" it was Conducted by the RLDPP Director & Faculty Members.

The Workshop was characterized by its Structured Design, Clear Objectives, and Expert Facilitation led by Ambassador, Prof. Dr. Nashi Khan, contributed significantly to its Success. Active Student Participation, combined with a variety of Interactive Activities and Diverse Teaching Methods, ensured an engaging and comprehensive Learning Experience.

The positive Impact of the Workshop on Participants' determination and Life Skills became apparent through the feedback collected, underscoring its relevance to both Academic and Personal Aspects of their Lives.



Rashid Latif Khan University (RLKU)

Humane Leadership (14th November 2023)

Humane leadership emphasizes being supportive, considerate, compassionate, and generous. Humane leadership is about putting people first. It is about recognizing that every team member is unique, valuable, and worthy of respect and dignity. It fosters a culture of trust, transparency, and accountability, where feedback is welcomed, mistakes are viewed as learning opportunities, and success is celebrated as a collective achievement.

As, "The Rise of Humane Leadership is parallel to cultivate a Thriving Team in a World of Magic and Compassion" To be a humane leader, you must be empathetic, compassionate, and authentic. It would be best if you were willing to listen to your team members' concerns, ideas, and aspirations and consider them when making decisions. You must be open-minded, flexible, and willing to learn from your mistakes. You must be ready to lead by example, setting high standards of ethics, integrity, and professionalism.



Rashid Latif Khan University (RLKU)

Ownership (15th November 2023)

Through this session, we want to develop a sense of contentedness, active involvement, and personal attachment in students towards their university. This skill of student ownership will help them in the future in their learning process by enhancing this autonomy and self-confidence. It was our utmost volitation for us to withhold this skill with other core values in order to make our students highly competent professionals.



Rashid Latif Khan University (RLKU)

Self-Discipline (15th November 2023)

Self-discipline is the ability to push yourself forward, stay motivated, and take action, regardless of how you're feeling, physically or emotionally. You're showing it when you intentionally choose to pursue something better for yourself, and you do it in spite of factors such as distractions, hard work, or unfavorable odds.



Rashid Latif Khan University (RLKU)

Motivated (16th November 2023)

"Motivated team players are driven to excel and contribute their best efforts, which often lead to improved team performance. Their enthusiasm and dedication can inspire and energize their colleagues, leading to higher productivity and better outcomes."

Prof Sadia Qureshi, Dean of Physical and Biological sciences and ambassador of Motivated Team Players, with her team conducted a series of workshops to inculcate the culture of team work amongst the students of Rashid Latif Khan University.



Rashid Latif Khan University (RLKU)

Professionalism (16th November 2023)

“Professionalism’ is commonly understood as an individual’s adherence to a set of standards, code of conduct or collection of qualities that characterize accepted practice within a particular area of activity”.

“Professional is not a label you give yourself - it's a description you hope others will apply to you.”

Professionalism involves consistently achieving high standards, both visibly and "behind the scenes" Whatever your role or profession. Some sectors, workplaces, or roles have particular "rules" of professionalism. These may be explicit, such as an agreed dress code, or a policy for using social media.



Rashid Latif Khan University (RLKU)

TEVTA Visit (20th November 2023)

CEO Rashid Latif Khan University, Madam Sabahat Khan, Registrar Dr. Muhammad Khalid Khan, and HOD Marketing Mr. Faisal Mansoor recently visited TEVTA Headquarters in Lahore. They were warmly welcomed by Chairman TEVTA, Brig Muhammad Sajid Khokhar, for a productive bilateral meeting. The focus of the discussion was on the Memorandum of Understanding (MOU) between RLKU and TEVTA, with both parties expressing their willingness to collaborate.

During the meeting, the CEO of RLKU highlighted the core expertise of RLKU in the medical field. She emphasized the importance of medical services and shared the organization's commitment to excellence in this area. Chairman TEVTA acknowledged and appreciated RLKU's efforts, expressing his enthusiasm for potential collaborations in various programs.



Rashid Latif Medical Complex (RLMC) Arif Memorial Teaching Hospital (AMTH)

Clinicopathological Conference (21st November 2023)

The clinicopathological conference was held at Rashid Latif Medical Complex under the kind supervision of Prof Dr. Asma Yasin, Head of Department (OBGYN).



Rashid Latif Khan University (RLKU)

Grand Dinner Party (22nd November 2023)

Faculty of Pharmaceutical Sciences has taken a significant step towards academic excellence. The Faculty of Pharmaceutical Sciences has achieved another remarkable milestone by obtaining an NOC from the Pharmacy Council of Pakistan. Signifying their exceptional accomplishment. To celebrate this noteworthy milestone, a grand dinner party was hosted by Mrs. Sabahat Khan, the CEO of Rashid Latif Khan University, at the Pearl Continental Hotel in Lahore.

Prof. Dr. Rashid Latif Khan, Chairman of RLK Associates, graced the event with his presence, joined by esteemed guests, Registrar, Deans, HODs, and faculty members.



Rashid Latif College of Pharmacy (RLCP)

UCP SYMPOSIUM (23rd November 2023)

"Principal, Prof. Dr. Humayun Riaz, recently attended the 2nd National Conference on "Bridging the Gap Between Industry and Academia" held at the University of Central Punjab. This opportunity allowed him to contribute his expertise and insights to the academic community and further strengthen our institution's ties with the University of Central Punjab.



Rashid Latif Department of Professional Psychology (RLDPP)

14th International Conference, PPA (24th November 2023)

Prof. Dr. Nashi Khan represented Rashid Latif Khan University (RLKU) among the Galaxy of Legendary Academicians & Psychologists in the 14th International Conference organized by Pakistan Psychological Association (PPA) on the theme "The Social Responsibility of Psychologists for National Solidarity of Pakistan". Prof. Dr. Nashi Khan addressed the audience, and her talk was about "Freedom, Responsibility & Unconditional Positive Regard. PPA Conference was attended by most and many renowned Personalities in Profession of Psychology like Prof. I.N Hasan (ExVC), Prof. Dr. Najma Najam (PVC Nur International) Prof. Dr. Ruhi Khalid (PVC, Beaconhouse University) Mr. Riaz Fatayna Ex. Education Minister & Senator, Prof. Dr. Saima Dawood, Dr. Uzma Khan, Prof. Dr. Masha Asad Khan, Mr. Max Babri, Mr. Usman Rasheed, CEO, Fountain House along with all HODs, Psychology Dept & Students of Psychology from all over Pakistan.



Arif Memorial Teaching Hospital (AMTH)

Students from Akhuwat Univeristy, visited AMTH (25th November 2023)

As part of our commitment to providing a safe and healthy environment for all students, Arif memorial teaching hospital conducted a comprehensive medical examination of 90 students from Akhuwat Univeristy, visited on 25TH & 26TH November, 2023. The examination was carried out by a team of qualified medical professionals including Medicine, Eye, ENT & Nutrition consultants to evaluate the students' physical and mental health. Mess staff comprising of 10 members were being vaccinated for Hep B & Typhoid. This programme was taken place under supervision of Medical Director Dr. Babar Orangzaib Wattoo, and well organized by Dr. Noor ul Ain Munawar (Deputy Medical Superintendent). We thank Prof. Bukhari (Principal Akhuwat University) and Dr. Amjad Saqib (chairman Akhuwat Foundation) for trusting our institute.



Rashid Latif Medical College (RLMC)

Career Counseling Cell (27th November 2023)

Career Counseling Cell of RLMC (Prof. Mudassar Ali & Prof. Faheem Mahmood) welcomes Col. Wajahat Bukhari & Dr. Nasir Sahbzada Consultant Nephrologist from USA at RLMC to discuss career pathways for the students at RLMC & RLKUMC. He owns an urgent care center & dialysis Center in Texas, USA. He discussed opportunities for electives/ Observership leading to residency in the USA with the students.



Rashid Latif Nursing College (RLNC)

Model presentation of Anatomy & Physiology (28th November 2023)

Model presentation of Anatomy & Physiology was organized by BSN 1st year (Batch 2022-2026) on 28th November, 2023 Tuesday.



Rashid Latif Medical College (RLMC)

AI Explored A Fun Dive into Research (28th November 2023)

A hands-on workshop, "AI Explored: A Fun Dive into Research," held on November 27th at RLMC. Hosted by the dynamic Research Cell and led by the insightful Director, Prof. Sadia Qureshi, it was a day filled with excitement and discovery. The workshop invited participants to explore the realm of AI for Research. Dr. Sadia Yaseen facilitated the workshop. The faculty's positive feedback echoes the impact this humanized exploration of AI has had on everyone involved. The workshop was endorsed by our esteemed leaders Principal Prof. Tahir Masood Ahmad and Vice Principal Professor Mudassar Ali Khan.



World Anatomy Day (31st October 2023)

On World Anatomy Day, healthcare professionals recognize the tireless efforts of anatomists, physicians, and researchers who have paved the way for contemporary medicine. This time October month '23 was celebrated in different medical colleges. On 31st Oct '23, 'World Anatomy Day' was celebrated in RLMC. The theme of this event was 'Teaching diversities in the dissection laboratory'.

In this event there was an intercollege competition between RLMC, Rahbar Medical College, and Central Park Medical College, a panel discussion in which students shared their thoughts regarding the problems they faced while studying anatomy and the benefits of applied anatomy during their clinical practice, case base presentation by clinicians including histopathologist, cardiothoracic surgeon and orthopedic surgeon emphasizing on the importance of knowledge of anatomy, a survey regarding challenges and cope with modern technologies was done between students and faculty of anatomy, its result will be shared soon in article form and at the end of this event our worthy, legendary teachers and honorable guest Professor Dr. Liaq Hussain, Professor Dr. Tassaduq, Professor Dr. M. Sohail, Dr. Uruj Zehra, and Dr. Qurat enlighten us with their knowledge about the past, present, and future of anatomy.

